

**Amendments to the Specification:**

Please replace paragraph [0062] with the following amended paragraph:

In an alternative embodiment of the present invention, a sleep support mechanism 400 is shown in FIGS. 9[~~],~~] and 10 ~~and 11~~. The sleep support mechanism 400 includes a first cone 402 and a second cone 404. The second cone 404 establishes a defined inner diameter 406 which tapers from a first end 408 to a second end 410. The inner diameter 406 may establish the first end 408 with a four to five inch range which tapers to the second end 410. Alternative embodiments, establishing the inner diameter 406 with the first end 408 and second end 410 having various size ranges are contemplated by the present invention. An outer surface 412 of the second cone 404 may be coupled with an engagement member, which in a preferred embodiment is an outer disk 414. The outer disk 414, in alternative embodiments, may be integrated with the outer surface 412. In a preferred embodiment, the outer disk 414 is disposed proximally to the first end 408. However, the location of the outer disk 414 may be varied to accommodate various needs.